



JULY 2015 Newsletter

“We need to adopt a culture of evidence-based administration, using models of nursing care delivery that have been evaluated on robust nursing research and supported by reality testing from front-line staff as well as nursing managers.” – Susan VanDeVelde-Coke (2010)

Cochrane Clinical Answers

Cochrane Clinical Answers (CCA) is a new resource from the Cochrane Library. It provides an easily digestible, clinically focused entry point to rigorous research from Cochrane systematic reviews. They are designed to be actionable and to inform decision making at the point of care. Each Cochrane Clinical Answer contains a clinical question, a short answer, and an opportunity to 'drill down' to the evidence from relevant Cochrane reviews. The evidence is displayed in a user friendly format, mixing narrative, numbers and graphics. The target audience for Cochrane Clinical Answers is healthcare

practitioners and informed health care decision-makers.

Based on the high-quality evidence of Cochrane systematic reviews, this clinical support tool provides evidence-based answers when and where they are needed the most, making it easy to find authoritative answers to clinical questions. Cochrane Clinical Answers focuses on important patient-centred outcomes, enabling the user to apply the results of Cochrane reviews in their practice.

Cochrane Clinical Answers are developed using a rigorous process, ensuring that the information accessed reflects the latest research. New questions are continually added to ensure broad coverage across a range of medical topics. This evidence-based resource is designed for access at the point of care, providing the user with the highest-quality research for use in daily practice.

To browse Cochrane Clinical Answers follow this link <http://cochraneclinicalanswers.com/aboutus>

CNCF receives special mention in American Journal of Nursing

The American Journal of Nursing (AJN) recently published an article discussing Cochrane reviews and the significance of CNCF review summaries.

Published on 1 May 2015 and written by Amanda Anderson, a Critical Care Nurse and Graduate Student in New York City, the article refers to the difficulty in trying to find credible evidence for bedside nurses that is uncomplicated and easy to implement. The article suggests that most of the reliable evidence available for nurses can be quite lengthy to read, and requires a depth of analysis and understanding in the topic area. The writer then goes on to talk about the Cochrane Collaboration and how its reviews can be considered a 'bedside guide' for nurses. She refers to a recent 'Cochrane Corner' publication in the AJN and how this article changed her view on a method of practice, and helped her to see things are not always as 'black and white' as nurses and related healthcare practitioners might immediately assume based on historical practices. Ultimately the writer suggests that Cochrane reviews, and review summaries, provide a current and reliable evidence basis on which alternate practices can be considered and

developed by those working on the front line in a hospital setting. To view the article in its entirety, follow this link <http://ajnonthcharts.com/2015/05/01/cochrane-reviews-an-of-overlooked-evidence-source-for-nurses-at-the-bedside/>

Loss of one of Cochrane's founders



It is with great sadness that Cochrane announces the death of its founding chair and medical pioneer, Dr. David Sackett. He was 80 years old.

Born in Chicago, Illinois, Dave Sackett was an originator of clinical epidemiology and evidence-based medicine and the first chair of the Cochrane Collaboration Steering Group in 1993. He founded the first department of Clinical Epidemiology and Biostatistics in the world, at McMaster University in Hamilton, Ontario, in 1967 and founded the Oxford Centre for

Evidence-Based Medicine in the UK in 1994.

Dave's contributions to Cochrane's work date from the earliest days of the organization and have made a substantial impact on its development and reputation over the past two decades.

Dave's colleagues at McMaster and Cochrane plan to commemorate his contribution to evidence-based medicine in various ways, including The Dave Sackett Research Symposia during the 23rd Cochrane Colloquium in Vienna in October 2015.

Cochrane Corner summaries developed since last newsletter:

Author: Christine Neville, PhD, RN, FACMHN, Associate Professor, The University of Queensland, School of Nursing, Midwifery and Social Work, member of the Cochrane Nursing Care Field (CNCF) – Topic: **'Mini-Cog for the diagnosis of Alzheimer's disease dementia and other dementias within a community setting'** – Online Journal on Issues with Nursing

Author: David BARRETT RN, BSc (Hons), PgDip, PgCert, Faculty of Health and Social Care, University of Hull, Hull, United Kingdom Member of the Cochrane Nursing Care Field (CNCF) – Topic: **'Media-delivered cognitive behavioural therapy and behavioural therapy (self-help)**

for anxiety disorders in adults' - Singapore Nursing Journal

Authors: Anna Sabia, BSN,RN Stamford Hospital, Stamford, CT USA and William H. Anger, Jr., MLIS, The Miriam Hospital Providence, RI USA – Topic: **'Chemotherapy for children with medulloblastoma'** – Cancer Nursing Journal

Arkansa State University-Jonesboro, Arkansas USA & Charlotte F. Young PhD, RN College of Nursing and Health Professions Arkansas State University-Jonesboro, Arkansas USA – Topic: **'Mini-Mental State Examination (MMSE) for the detection of Alzheimer's disease and other dementias in people with mild cognitive impairment (MCI)'**- the Clinical Nurse Specialist Journal

Author: Diana An, RN, BScN, CRA, MSc candidate Nursing Research Associate, Registered Nurses' Association of Ontario (RNAO) - A member of the Cochrane Nursing Care Field (CNCF) Topic: **'Discharge planning from hospital to home'** - Online Journal on Issues with Nursing

Author: William H. Anger, Jr., MLIS, The Miriam Hospital Providence, RI, USA – Topic: **'Blood Pressure Control for Diabetic Retinopathy'** – American Journal of Nursing

Author: Daksha Trivedi, Senior Research Fellow, Evidence Based Practice, Centre for Research in

Primary and Community Care,
University of, Hertfordshire,
Hatfield, UK – Topic: ***'Barriers and
facilitators to the implementation
of lay health worker programmes
to improve access to maternal
and child health: qualitative
evidence synthesis'*** - Primary
Health Care Research &
Development Journal

Phyllis B. Whitehead, PhD, APRN,
ACHPN, RN-BC – Topic: ***'Palliative
Pharmacologic Sedation for
Terminally Ill Adults'***- Clinical
Journal of Oncology Nursing

Vicky Visvanathan CN CCRN
GDipCCN, GCert Research
Methodologies, MN School of
Nursing and Midwifery, University
of South Australia, Adelaide,
South Australia, Australia
Members of the Cochrane
Nursing Care Field – Topic: ***'Slow
versus fast subcutaneous heparin
injections for prevention of
bruising and site-pain intensity'*** –
American Journal of Nursing

Lindsay B. Bolt, RN-BC, MS,
Clinical Nurse Educator, UCSF
Medical Center Institute for
Nursing Excellence, Certified JBI
CSR Trainer, UCSF JBI Centre for
Evidence-Based Patient and
Family Care, UCSF Medical
Center, San Francisco, CA –
Topic: ***'Thermal Insulation for
Preventing Inadvertent
Perioperative Hypothermia'*** -
Journal of Perioperative
Nursing

Authors: Yueyuan Zhao, Master
Student RN, MSN (c), Aihua
Zhang and Associate Professor,
RN ,PhD. School of Nursing,
Taishan Medical University - A
Member of the CNCF – Topic:
***'Interventions aimed at
communities to inform and/or
educate about early childhood
vaccination'*** – Nursing Times
Journal

Author: Alison Hutton RN BN MN
PhD, FACN, Associate Professor,
School of Nursing and Midwifery,
Flinders University – Topic: ***'Family
and carer smoking control
programmes for reducing
children's exposure to
environmental tobacco smoke'*** -
Neonatal, Paediatric and Child
Health Nursing Journal

Make a contribution to the CNCF newsletter

Are we very interested to hear
from our readers regarding the
content of this monthly
newsletter.

We would be grateful to receive
any stories, information or news
and events information that may
be of interest to our readers. All
content submissions can be
forwarded to the CNCF
Coordinator, Alex Mignone – at
Alex.Mignone@adelaide.edu.au